



# KML Varsity Invitational

*At Kettle Moraine Lutheran High School*

**RESCHEDULE DATE: Thursday, May 27th, 2021, 4:00pm**

**Schools Participating: Cristo Rey Jesuit, Kewaskum, KML, Living Word, Martin Luther, Racine Lutheran, Messmer, Shoreland Lutheran, University Lake School, St. Francis, University School of Milwaukee, WCHSA**

## Meet Checklist:

1. Entry Fee = \$125 (which covers both gender teams)
2. Medals will be awarded for all first place finishes.
3. Each school is allowed a maximum of 3 entries per event/ 1 relay team per relay event contested.
4. All athletes will be allowed to compete in no more than 4 events (with at least one being a field event or one being a running event) *\*Scoring will be as follows: Individual Events 10-8-6-5-4-3-2-1/ Relays 10-8-6-5-4-3-2-1*
5. A coaches' meeting will take place at **3:30 PM** at the press box. Upon arrival please make any scratches/replacements in the event participant binder. At this time no other entry changes will be permitted, **only scratches and replacements**. Please keep this to a minimum.  
*\*See the order of events page for relay exchange help that is needed.*
6. Field events will start at **4:00 PM** and running events at **4:30 PM**. At 4:00 we will run girl's long jump, girl's and boy's high jump, boy's triple jump, boy's discus, and girl's shot. All athletes in triple jump, long jump, discus and shot put will have 4 attempts with no finals. The next wave of field events will be called as the first wave finishes.
7. We will not run a pole vault competition.
8. All entries must be submitted by **Tuesday, May 25th, by 10:00pm**. Entries are to be made on *Athletic.net*.
9. All events will be run as finals with no preliminaries.
10. Please bring your own implements and batons. Blocks will be provided.
11. Athletes should check in with the clerk of course or the event official upon the first call of that event.
12. There will be a concession stand located at the rear of the building. Rest rooms are available in the building through the west entrance near the concession stand.
13. Officials: John Klicka, Jefferson Davis;
14. Team Camps: Camps are allowed in the grass area along the east side of the track outside the fence. **NO team camps are allowed on the infield of the track, in the bleachers, or at the finish line.** The infield can be used for athletes warming up for their events. Please stay away from the finish line and 100m straightaway.
16. Track Information: KML's track is an 8-lane rubberized track. ¼ inch spikes are allowed. The long jump, triple jump areas are located east of the track. Our discus and shot put areas are located north of the jump runways.

Sincerely,

Mr. Joe Greefkes  
Kettle Moraine Lutheran High School  
AD/Head Track Coach  
[joe.greefkes@kmlhs.org](mailto:joe.greefkes@kmlhs.org) 262-677-4051 ext. 1105

# **KML Varsity Invitational: Order of Events**

## **4:00 Field Events Begin**

- Two pits will be used for high jump (blue pit- boys/ green pit- girls)
- The boys will go first in the discus and triple jump – 4 attempts (no finals)
- The girls will go first in the long jump and shot put – 4 attempts (no finals)

## **4:30 Running Events Begin (Girls followed by Boys)**

3200 m relay\* (*may run the boys and girls together*)  
100/110m High Hurdles  
100 m  
1600 m\* (*may run the boys and girls together*)  
800 m relay **\*See page 3 for relay zone assignments;**  
400 m  
400 m relay **\*See page 3 for relay zone assignments;**  
300m Intermediate Hurdles  
800 m  
200 m  
3200 m\* (*may run the boys and girls together*)  
1600 m relay



# **Relay Zone Assignments**

*\*Please provide 2-3 coaches from your school to umpire each given assignment.*

## **4x200M Relay:**

### **Exchange Zone 1 & 3**

*Lanes 1-3*

*Lanes 4-5*

*Lanes 6-8*

### **Schools in Charge**

*Shoreland Lutheran*

*University Lake School*

*USM*

### **Exchange Zone 2**

*Lanes 1-3*

*Lanes 4-5*

*Lanes 6-8*

### **Schools in Charge**

*Racine Lutheran*

*Kewaskum*

*Cristo Rey Jesuit*

## **4x100M Relay:**

### **Exchange Zone 1**

*Lanes 1-3*

*Lanes 4-5*

*Lanes 6-8*

### **Schools in Charge**

*Messmer*

*Martin Luther*

*St. Francis*

### **Exchange Zone 2**

*Lanes 1-3*

*Lanes 4-5*

*Lanes 6-8*

### **Schools in Charge**

*KML*

*Living Word Lutheran*

*WCHSA*

### **Exchange Zone 3**

*Lanes 1-3*

*Lanes 4-5*

*Lanes 6-8*

### **Schools in Charge**

*Martin Luther*

*Kewaskum*

*Shoreland Lutheran*